



GOMERSAL PARK

HOTEL • SPA

## Package Options

### Hopi Ear Candles

*50 minutes*

A natural & relaxing therapy used traditionally by Hopi Indians. This treatment is completely painless & helps to re-balance the ear by drawing out impurities. It's a relaxing, soothing & natural alternative to syringing. This treatment is excellent for any who suffers from sinusitis, headaches, migraines, head colds, glue ear, hay fever & excessive ear wax

### Elemis Expert Touch Nourish

*50 minutes*

Boost skin radiance with our triple-cleanse facial with a blend of superfood-infused facial oils to leave your skin feeling nourished, rebalanced and revived

### Elemis Expert Touch Reveal

*50 minutes*

Powered by our patented Tri-Enzyme technology, this facial helps minimise the look of pores and uneven skin texture, revealing skin looking visibly resurfaced, smooth & glowing

### Elemis Expert Touch Renew

*50 minutes*

Improve skin firmness, whilst reducing the look of fine lines and wrinkles with our clinically proven formulas and skin-lifting massage techniques. After just one treatment the complexion looks supremely hydrated, lifted and firm

### Elemis Expert Absolute Face & Body Ritual

*50 minutes*

Immerse yourself in luxury with this tailored treatment. Choose your own combination of facial and body treatments, or let your therapist prescribe you the perfect treatment to leave you feeling restored from head to toe.

Treatment includes 25 minute Expert Touch Facial and a 25 minute back treatment of your choice.

Choose from:

*Tension Ease Back Massage (25 minute)*

*Cleansing Salt Scrub (25 minute)*

### Elemis Expert Transformative Hot Stone Massage

*50 minutes*

This deeply transformative treatment incorporates heated volcanic stones that are worked into the body, persuading the muscles to relax with warm Frangipani Monoi Body Oil to soothe a tired mind and relieve aching muscles

### Elemis Expert Peaceful Pregnancy Massage

*50 minutes*

This tranquil and restorative mother-to-be massage deeply hydrates skin that is expanding to accommodate your growing baby. Aromatics formulated to be used safely during pregnancy are selected for optimum wellbeing, leaving you feeling nurtured, restored and calm

### Elemis Expert Tension-Ease Massage

*50 minutes*

Perfect for combating a busy lifestyle, this full body massage offers more than just muscle relaxation: it is tailored to ease tension and target deep-seated muscle knots, leaving you feeling renewed, grounded and focused

**\*\*PLEASE NOTE: THIS TREATMENT IS ONLY INCLUDED IN THE LUXURY PACKAGES & THE 2 NIGHT INDULGENCE. A £20 PER PERSON SUPPLEMENT APPLIES\*\***

### Elemis Expert Touch Define

*50 minutes*

This innovative facial captures the power of clinically proven, intelligent skincare to deliver transformative results for energised, rejuvenated and sculpted-looking skin

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